

Curriculum Vitae

Dr. Irimi Dermitzaki

Current status Professor in Educational Psychology
 Department of Early Childhood Education
 University of Thessaly
 Greece

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RESEARCH INTERESTS

Basic and applied research focused on students', teachers', and parents' psychological processes and skills related to learning, teaching, and academic achievement such as: metacognition, self-regulated learning and instruction, learning and study skills, motivation, academic self-concept, academic emotions, developing assessment instruments. Developmental processes in learning and academic achievement.

EDUCATIONAL BACKGROUND

1993-1997 PhD, Department of Psychology, Aristotle University of Thessaloniki, Greece (thesis "The relationships between academic self-concept, cognitive development, and achievement in school children")

1991-1992 MEd in Educational Psychology, School of Education, The University of Manchester, U.K. (Dissertation title "Achievement goals and beliefs about success in school tasks of Greek elementary school children")

1991 BSc (specialization: Psychology), Department of Philosophy, Education, and Psychology, School of Philosophy, Aristotle University of Thessaloniki, Greece

- English: Proficient knowledge
- French: Proficient knowledge

TEACHING

Teaching experience in tertiary education since 1996. I have taught courses related to Educational Psychology, Developmental Psychology, Cognitive development, Counselling Psychology. I have also provided invited lectures in postgraduate programs in various universities/departments, such as in the Dept. of Primary Education (University of Thessaly), Dept. of Physical Education and Sport Sciences (University of Thessaly), School of Psychology (Aristotle University of Thessaloniki), Dept. of Physical Education and Sport Sciences (Democritus University of Thrace), Dept. of Early Childhood Education (University of Western Macedonia).

Undergraduate courses

- Educational Psychology
- Special topics in School Psychology
- Psychology of Learning and Instruction: Implications for practice

Postgraduate courses

2018-2019: Spring semester course “Learning and Development during childhood. Contemporary approaches and interventions” (in cooperation with F. Bonoti). Postgraduate Program “Educational Sciences: Creative learning environments and Play”, Department of Early Childhood Education, University of Thessaly.

2016-2017: Winter semester course “Psychology of Learning”, Postgraduate Program “Educational Sciences: Pedagogical Play and Educational Material in Early Childhood”, Department of Early Childhood Education, University of Thessaly.

2009-2014: Winter semester course: “Cognitive and affective processes in children with special educational needs”, Postgraduate program “Special Education”, Department of Special Education, University of Thessaly.

2009-2014: Spring semester course: “School counseling: Teacher as a counselor”, Postgraduate program “Counseling in Education, Special Education, and Health”, Department of Special Education, University of Thessaly.

PUBLICATIONS

Book

Dermitzaki, I. (2017). *Enhancing students' skills to learn. Promoting self-regulated learning*. Athens: Gutenberg. [in greek] ISBN 978-960-01-1853-7

Publications in peer-reviewed journals – selected

- Kallia, E. **Dermitzaki, I.**, Paraskeva, V., Bonoti, F., & Nisiotou, I. (in press). A six months prospective study of the relations between children's self-regulated learning skills and maternal supportive behaviors. *Cognitive Development*.
- **Dermitzaki, I.**, Roussi – Vergou, C., Vleioras, G., Chatzistamatiou, M. (in press). Examining university students' academic expectations: Adaptation of the Academic Perceptions Questionnaire-short version in Greece. *The International Journal of Learning in Higher Education*.
- **Dermitzaki, I.**, & Kallia, E. (2021). The role of parents and teachers in fostering children's self-regulated learning skills. In D. Moraitou & P. Metallidou (Eds.), *Trends and Prospects in Metacognition Research across the Life Span - A Tribute to Anastasia Efklides* (pp. 185-207). Switzerland: Springer.
- Kallia, E., & **Dermitzaki, I.** (2017). Assessing maternal practices that support children's self-regulated learning. *Hellenic Journal of Psychology*, 14(2), 83-112. (http://www.pseve.org/journal/UPLOAD/Kallia_14_2.pdf)
- **Dermitzaki, I.**, Bonoti, F., & Kriekouki, M. (2016). Examining test emotions in university students: Adaptation of the Test Emotions Questionnaire in the Greek language. *Hellenic Journal of Psychology*, 13(3), 93-115. (<http://www.pseve.org/journal/UPLOAD/Dermitzaki13c.pdf>)
- Andressa, H., Mavrikaki, E., & **Dermitzaki, I.** (2015). Adaptation of the Students' Motivation Towards Science Learning (SMTSL) Questionnaire to measure Greek Students' Motivation towards Biology Learning. *International Journal of Biology Education*, 4(2), 78-93.
- Chatzistamatiou, M., **Dermitzaki, I.**, Efklides, A., & Leondari, A. (2015). Motivational and affective determinants of self-regulatory strategy use in elementary school mathematics. *Educational Psychology*, 35(7), 835-850.
- Chatzistamatiou, M., **Dermitzaki, I.**, & Bagiatis, V. (2014). Self-regulatory teaching in mathematics: Relations to teachers' motivation, affect and professional commitment. *European Journal of Psychology of Education*, 29, 295-310. DOI: 10.1007/S10212-013-0199-9

- Chatzistamatiou, M., & **Dermitzaki, I.** (2013). Teaching mathematics with self-regulation and for self-regulation: Teachers' reports. *Hellenic Journal of Psychology*, 10(3), 253-274. (<http://www.pseve.org/journal/UPLOAD/Chatzistamatiou10-3.pdf>)
- **Dermitzaki, I.**, Stavroussi, P., Vavougyios, D., & Kotsis, K. (2013). Adaptation of the Students' Motivation Towards Science Learning (SMTSL) questionnaire in the Greek language. *European Journal of Psychology of Education*, 28, 747-766.
- Goudas, M., Kolovelonis, A., & **Dermitzaki, I.** (2013). Implementation of self-regulation interventions in physical education and sport contexts. Invited chapter in H. Bembenuddy, T. J. Cleary, & A. Kitsantas (Eds.), *Applications of Self-Regulated Learning across Diverse Disciplines. A tribute to Barry Zimmerman* (pp. 383-416) Charlotte, NC: Information Age Publishing.
- Kolovelonis, A., Goudas, M., & **Dermitzaki, I.**, & Kitsantas, A. (2013). Self-regulated learning and performance calibration among elementary physical education students. *European Journal of Psychology of Education*, 28, 685-701.
- **Dermitzaki, I.** (2011). Self-concept. Invited entry in P. C. Hogan (Ed.), *The Cambridge Encyclopedia of the Language Sciences* (pp. 731-732). Connecticut: University of Connecticut, Cambridge University Press.
- Kolovelonis, A., Goudas, M., & **Dermitzaki, I.** (2011). The effect of different goals and self-recording on self-regulation of learning a motor skill in a physical education setting. *Learning and Instruction*, 21 (3), 355-364.
- Kolovelonis, A., Goudas, M., & **Dermitzaki, I.** (2011). The effects of instructional and motivational self-talk on students' motor task performance in physical education. *Psychology of Sport and Exercise*, 12 (2), 153-158.
- **Dermitzaki, I.**, Leondari, A., & Goudas, M. (2009). Relations between young students' strategic behaviours, domain-specific self-concept, and performance in a problem-solving situation. *Learning and Instruction*, 19(2), 144-157.
- **Dermitzaki, I.**, Andreou, G., & Paraskeva, V. (2008). High and low reading comprehension achievers' strategic behavior and its relation to performance in a reading comprehension situation. *Reading Psychology: An Interdisciplinary Journal*, 29, 471-492.
- **Dermitzaki, I.**, Stavroussi, P., Bandi, M., & Nisiotou, I. (2008). Investigating students' with mild mental retardation ongoing strategic behavior: Implementation and relations to performance in a problem-solving situation. *Evaluation and Research in Education*, 21, 96-110.
- **Dermitzaki, I.** (2005). Preliminary investigation of relations between young students' self-regulatory strategies and their metacognitive experiences. *Psychological Reports*, 97(3), 759-768.
- **Dermitzaki, I.**, & Efklides, A. (2003). Goal orientations and their effect on self-concept and metacognition in adolescence. *Psychology: The Journal of the Hellenic Psychological Society*, 10, 214-227.
- Goudas, M., **Dermitzaki, I.**, & Bagiatis, K. (2001). Motivation in physical education is correlated with participation in sport after school. *Psychological Reports*, 88, 491-496.

- **Dermitzaki, I., & Efklides, A. (2001).** Age and gender effects on students' evaluations regarding the self and task-related experiences in mathematics. Invited chapter in S. Jarvela & S. Volet (Eds.), *Motivation in learning contexts: Theoretical and methodological implications* (pp. 271-293). Amsterdam: Pergamon Press.
- **Dermitzaki, I., & Efklides, A. (2000).** Aspects of self-concept and their relationship to language performance and verbal reasoning ability. *American Journal of Psychology*, 113(4), 621-638.

Publications in greek refereed journals and annals [english translation] - selected

- **Δερμιτζάκη, Ε., & Παπακοσμά, Ν. (2020).** Στρατηγικές αναγνωστικής κατανόησης μαθητών δημοτικού: Η χρήση τους και οι σχέσεις τους με κίνητρα και συναισθήματα των μαθητών (σελ. 56-93). Τόμος 13, *Επιστημονική Επετηρίδα Τμήματος Ψυχολογίας, Α.Π.Θ.* <https://ejournals.lib.auth.gr/psyannals/article/view/7740/7507>
- **Δερμιτζάκη, Ε., Γούδας, Μ., & Λεονταρή, Α. (2007).** Αυτο-αντιλήψεις ικανοτήτων και μεταγνωστικές εμπειρίες των μαθητών μετά την εκτέλεση γνωστικών έργων. Στο Π. Μισαηλίδη, Α. Μπρούζος, & Α. Ευκλείδη (Επιμ. Έκδ.), *Επιστημονική Επετηρίδα της Ψυχολογικής Εταιρείας Βορείου Ελλάδος, Τόμος 5: Γονείς, παιδιά και εκπαιδευτική πρακτική* (σελ. 163-184). Αθήνα: Ελληνικά Γράμματα.
[Dermitzaki, I., Goudas, M., & Leondari, A. (2007). Students' self-perceptions of their abilities and metacognitive experiences after the execution of cognitive tasks. In P. Misailidi, A. Brouzos, & A. Efklides (Eds.), *Scientific Annals of the Psychological Society of Northern Greece, Vol. 5: Parents, child, and educational practice* (pp. 115-144). Athens: Ellinika Grammata.]
- **Δερμιτζάκη, Ε., Γούδας, Μ., & Λεονταρή, Α. (2006).** Εκτιμήσεις εκπαιδευτικών και μαθητών για πλευρές της ακαδημαϊκής αυτο-αντίληψης των μαθητών: Πόσο συμφωνούν μεταξύ τους; Στο Ε. Συγκολλίτου (Επιμ. Έκδ.), *Έννοια του εαυτού και λειτουργικότητα στο σχολείο* (σελ. 95-118). Θεσσαλονίκη: Εκδόσεις Κυριακίδη.
[Dermitzaki, I., Goudas, M., & Leontari, A. (2006). Teachers' and students' beliefs about facets of students' academic self-concept: Extent of correspondence. In E. Syngollitou (Eds.), *Self and personal functioning within the school context* (pp. 95-118). Thessaloniki: Kyriakides.]
- **Δερμιτζάκη, Ε. (2005).** Επίδοση και στρατηγικές αυτο-ρύθμισης κατά τη μάθηση μικρών μαθητών/τριών. Στο Φ. Βλάχος, Φ. Μπινώτη, Π. Μεταλλίδου, Ε. Δερμιτζάκη, & Α. Ευκλείδη (Επιμ. έκδ.), *Επιστημονική Επετηρίδα Ψυχολογικής Εταιρείας Βορείου Ελλάδος, Τόμος 3: Ανθρώπινη συμπεριφορά και μάθηση* (σελ. 43-64). Αθήνα: Ελληνικά Γράμματα.
[Dermitzaki, I. (2005). Performance and self-regulated learning strategies in young students. In F. Vlachos, F. Bonoti, P. Metallidou, I. Dermitzaki, & A. Efklides (Eds.), *Scientific Annals of the Psychological Society of Northern Greece, Vol. 3: Human behavior and learning* (pp. 43-64). Athens: Ellinika Grammata.]

- **Δερμιτζάκη, Ε., & Ευκλείδη, Α. (2002).** Η δομή γνωστικών και θυμικών παραγόντων που συνδέονται με τη γνωστική επίδοση στη γλώσσα και στα μαθηματικά. *Ψυχολογία: Το Περιοδικό της Ελληνικής Ψυχολογικής Εταιρείας*, 9, 58-74.
[Dermitzaki, I., & Efklides, A. (2002). The structure of cognitive and affective factors related to students' cognitive performance in language and maths. *Psychology: The Journal of the Hellenic Psychological Society*, 9, 58-74.]
- **Δερμιτζάκη, Ε., & Ευκλείδη, Α. (2000).** Η έννοια του εαυτού και οι σχέσεις της με γνωστικούς και μεταγνωστικούς παράγοντες που αφορούν επιδόσεις σε ειδικούς τομείς γνώσης. *Ψυχολογία: Το Περιοδικό της Ελληνικής Ψυχολογικής Εταιρείας*, 7, 354-368.
[Dermitzaki, I. & Efklides, A. (2000). Self-concept and its relations with cognitive and metacognitive factors regarding performance in specific domains of knowledge. *Psychology: The Journal of the Hellenic Psychological Society*, 7, 354-368.]

Editorship in peer-reviewed journals and volumes

- Guest Editor, Special issue “Perspectives on Self-Regulation Research in Education”, *Hellenic Journal of Psychology* (2013), vol. 10(3).(www.pseve.org)
- Guest Editor, Special issue «Individual and social processes in the regulation of learning», *Hellenic Journal of Psychology* (2004), vol. 1(2).(www.pseve.org)
- Guest co-editor (together with E. Gonida, & P. Metallidou, P.), Special issue “Motivational aspects of the self”, *Psychology: The Journal of the Hellenic Psychological Society*, (2000), vol. 7.
- Co-editor in the *Scientific Annals of the Psychological Society of Northern Greece*, Volumes 3 and 4 (“Human behaviour and Education”). Athens: Ellinika Grammata.

CITATIONS - CITATION INDEXES

Search: October, 2020

Google scholar: 1.294 citations, h index: 20

Scopus: 380 citations, h index: 13

RESEARCH PROJECTS

Research project coordinator

- “Investigating aspects of psychosocial adaptation in undergraduates of the Department of Early Childhood Education of the University of Thessaly related with their studies and academic life”. Grant from the Research Committee of the University of Thessaly.
- “Learning in a smart way: Empowering school teachers in teaching self-regulated learning skills”. Grant from the Research Committee of the University of Thessaly.
- “Investigation of Greek university students’ achievement emotions: Adaptation of the Test Emotions Questionnaire in the Greek language”. Grant from the Research Committee of the University of Thessaly.
- “Self-regulatory skills during problem solving and their relations with cognitive performance and academic self-concept in different cognitive domains”. Grant from the Research Committee of the University of Thessaly.

Member of the research team – Selected research projects

Participation in 14 funded research projects and in 10 applied/lifelong training projects for teachers, parents and students. Examples:

- Erasmus plus “Gettings Heads Together”. Call 2020 Round 1 KA2 - Cooperation for innovation and the exchange of good practices. KA201 - Strategic Partnerships for School Education.
- “Self-regulated learning and teaching in school mathematics: Teachers’ discourse and practices in the classroom”. Grant from the Research Committee of the University of Thessaly.
- “Exercise, smoking, alcohol: Investigating mechanisms and interventions for prevention, cessation, and awareness”, Project “Thalis”, funded by the Greek Secretary of Research and Technology.
- “Social problem solving in children with mild mental retardation”. Grant from the Research Committee of the University of Thessaly.
- “Differences in motivation between Christian and Muslim Greek student populations in education and sport”. Grant from the Research Committee of the University of Thrace.

PhD and dissertations supervision

I have been the supervisor in PhD research projects and in many undergraduate and graduate dissertations. Moreover, I have been a member of the Advisory Committee and of the Examination Committee in many different PhD theses (e.g., external examiner in the Faculty of Education, University of Cambridge, UK).

EDITORIAL BOARD IN PEER-REVIEWED JOURNALS AND ANNALS

- 2020-2022: Member of the Editorial Board, *Metacognition and Learning*.
- 2015 and on: Member of the Editorial Board, *Hellenic Journal of Psychology*.
- 2005-2014: Assistant Editor, *Hellenic Journal of Psychology*.
- 2005: Editorship (together with F. Vlachos, F. Bonoti, P. Metallidou, A. Efklides) in *Scientific Annals of the Psychological Society of Northern Greece*, Vol. 3 “Human Behavior and Learning”.
- 2006: Editorship (together with F. Vlachos, F. Bonoti, P. Metallidou, A. Efklides) in *Scientific Annals of the Psychological Society of Northern Greece*, Vol. 4 “Human Behavior and Education”

CONFERENCES ORGANIZING COMMITTEES

- Chair of the Organizing Committee, *2nd Panhellenic Congress of School Psychology*, Volos, October 19-22, 2017.
- Vice-president of the Organizing Committee, *1st Panhellenic Congress of the Psychological Society of Northern Greece*, Volos, November 21-23, 2003.
- Member of the Organizing Committee, *15th International Conference on Motivation, European Association of Research on Learning and Instruction (EARLI)*, Θεσσαλονίκη, August 2016.
- Member of the Organizing Committee, *5th Panhellenic Congress of Developmental Psychology*, Volos, October 2016.
- Member of the Organizing Committee, *12th Panhellenic Congress of Psychological Research, Hellenic Psychological Society*, Volos, May 2009.
- Member of the Organizing Committee, *6th International Conference on Motivation: 6th Workshop on Achievement and Task Motivation, European Association of Research on Learning and Instruction (EARLI)*, Thessaloniki, 1995.

ADMINISTRATION

University of Thessaly – Institutional Committees: Membership in many institutional committees (e.g., member of the Committee for Quality Assurance in the University of Thessaly – MO.DI.P., member of the Research Committee of the UTh, etc.)

Departmental committees: Participation in numerous committees in the Department of Early Childhood Education and in the Department of Special Education, related to both the undergraduate and the graduate programs.

Director/coordinator of the Laboratory of Psychology, Dept. of Early Childhood Education (2018-2021)

Member of the Executive Board of the *Psychological Society of Northern Greece* (2019-2022)

Coordinator of the School Psychology Division of the *Hellenic Psychological Society* (2015-2019)

ACADEMIC POSITIONS

- 2017 Professor, Department of Early Childhood Education, University of Thessaly
- 2014 – 2017 Associate Professor, Department of Early Childhood Education, University of Thessaly
- 2009 – 2014 Associate Professor, Department of Special Education, University of Thessaly
- 2002 – 2009 Assistant Professor, Department of Special Education, University of Thessaly
- 1998 - 2002 Teaching staff (non permanent position) in The University of Western Macedonia, The University of Thessaly, Aristotle University of Thessaloniki
- 1996 - 1998 Teaching staff (non permanent position), Department of Nursery and Department of Physiotherapy, Technological Institution of Thessaloniki (TEI)

APPLIED-CLINICAL EXPERIENCE

- 2000-2002: Clinical experience as an educational-school psychologist in the Children and Adolescent Section of the Department of Psychiatry, “G. Papanikolaou” General Hospital, Exohi, Thessaloniki.
- 1999-2000: Career counselor in tertiary education, Career Office, Aristotle University of Thessaloniki.
- Community educational-school psychologist-counselor for students, teachers, and parents. Municipality of Skydra Counseling Services, Pella Prefecture.

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