

ATHENA DANIILIDOU

**ASSISTANT PROFESSOR in
DEVELOPMENTAL PSYCHOLOGY**

SEPTEMBER, 2026

✉ athena.daniilidou@gmail.com

✉ athidani@uth.gr



Orcid: <https://orcid.org/0000-0002-4635-2146>



<https://www.researchgate.net/profile/Athena-Daniilidou>

EDUCATION

2019 – 2021 Postdoctoral Studies in Educational Psychology

University of Macedonia, School of Social Sciences, Humanities and Arts, Department of Educational and Social Policy, Thessaloniki (Greece)

Thesis: "Development and testing of a scale for assessing the protective factors of teachers' resilience".

2014 – 2019 Doctoral Studies in Educational Psychology

University of Macedonia, School of Social Sciences, Humanities and Arts, Department of Educational and Social Policy, Thessaloniki (Greece)

Degree grade: Excellent (10)

Thesis: "Examining resilience of Greek teachers in general and special education: protective and risk factors and resilience strategies in Greece during the economic crisis". ND: 44937

2011 – 2013 Master's Degree in Continuing Education/Adult Education

University of Macedonia, School of Social Sciences, Humanities and Arts, Department of Educational and Social Policy, Thessaloniki (Greece)

Degree grade: Excellent (8,88)

Thesis: "Investigating Greek teachers' burnout with three alternative models: Maslach's Model, Pines' Model, and the Copenhagen Model."

2009 – 2011 Bachelor's Degree in Elementary Education

Aristotle University of Thessaloniki (Greece), Department of Elementary Education

Degree grade: Excellent (8,67)

CONTINUING PROFESSIONAL TRAINING

2017 – BRITE (Building Resilience in Teacher Education)

Murdoch University, Curtin University, University of Wollongong (Dr. Caroline Mansfield, Project Leader)

Certificate of achievement in 5 modules

2013 - Training Program: "Participatory Teaching Techniques in Modern Education"

DIAVIMA: Lifelong Learning and Sustainable Development Center, Athens (Greece)

Duration: 100 hours

2013 - Total Quality Management in Education

Hellenic Open University, Patra (Greece)

Duration: 100 hours, Degree grade: Excellent (8,6/10)

2013 - The Project Method in Education

DIAVIMA: Lifelong Learning and Sustainable Development Center, Athens (Greece)

Duration: 100 hours

PROFESSIONAL EXPERIENCE IN HIGHER EDUCATION TEACHING

UNDERGRADUATE COURSES

2026-present Assistant Professor (Government Gazette of Appointment: Issue 3396/C, 8 July 2026)

Department of Early Childhood Education, University of Thessaly

Courses:

- **Developmental Psychology** (compulsory course, winter and summer semester)
- **Issues in Child Development** (elective course, winter semester)

2025-2026 Independent Teaching

Visiting Professor (Article 171, Law 4957/2022)

University of Macedonia, School of Social Sciences, Humanities and Arts, Department of Educational and Social Policy, Thessaloniki (Greece)

Courses:

- **Emotional Intelligence in Education and Workplace** (compulsory elective course, winter semester, academic year 2025-2026)

2024-2025 Independent Teaching

Visiting Professor (Article 171, Law 4957/2022)

University of Macedonia, School of Social Sciences, Humanities and Arts, Department of Educational and Social Policy, Thessaloniki (Greece)

Courses:

- **Emotional Intelligence in Education and Workplace** (compulsory elective course, winter semester, academic year 2024-2025)

2023-2024 Independent Teaching

Acquisition of Academic Teaching Experience for new Doctorate scientists (MIS 6003309).

University of Macedonia, School of Social Sciences, Humanities and Arts, Department of Educational and Social Policy, Thessaloniki (Greece)

Courses:

- **Emotional and Ethical Development** (compulsory elective course, spring semester, academic year 2023-2024)
- **Psychology of Adult Development** (compulsory course, spring semester, academic year 2023-2024)

Evaluation Statistics: 1. Emotional and Ethical Development (4.80/5), 2. Psychology of Adult Development (4.1/5).

2023-2024 Independent Teaching

Visiting Professors of article 171 of Law 4957/2022

University of Macedonia, School of Social Sciences, Humanities and Arts, Department of Educational and Social Policy, Thessaloniki (Greece)

Courses:

- **Emotional Intelligence in Education and Workplace** (compulsory elective course,

winter semester, academic year 2023-2024)

- **Developmental Psychology** (compulsory course, winter semester, academic year 2023-2024)

Evaluation Statistics: 1. Emotional Intelligence in Education and Workplace (Not available, an evaluation with fewer than 4 completed questionnaires is not considered "valid" and therefore the corresponding results are not available), 2. Developmental Psychology (4.73/5).

2022-2023 Independent Teaching

Acquisition of Academic Teaching Experience for new Doctorate scientists (MIS 5180678)

University of Macedonia, School of Social Sciences, Humanities and Arts, Department of Educational and Social Policy, Thessaloniki (Greece)

- **Course: Emotional Intelligence in Education and Workplace** (compulsory elective course, winter semester, academic year 2022-2023)

Evaluation Statistics: 1. Emotional Intelligence in Education and Workplace (Not available, an evaluation with fewer than 4 completed questionnaires is not considered "valid" and therefore the corresponding results are not available).

2021-2022 Independent Teaching

Acquisition of Academic Teaching Experience for new Doctorate scientists (MIS 5109495)

Democritus University of Thrace, School of Education, Department of Elementary Education, Alexandroupolis (Greece)

Courses:

- **Applications of Cognitive Psychology in Education** (elective course, winter semester, academic year 2021-2022)
- **Developmental Psychology** (compulsory course, spring semester, academic year 2021-2022)
- **Psychology of Motives - Applications in Education** (elective course, spring semester, academic year 2021-2022)

Evaluation Statistics: 1. Applications of Cognitive Psychology in Education (5/5), 2. Developmental Psychology (4.32/5), 3. Psychology of Motives - Applications in Education (4.73/5).

2020-2021 Independent teaching

As postdoctoral student

University of Macedonia, School of Social Sciences, Humanities and Arts, Department of Educational and Social Policy, Thessaloniki (Greece)

Course: Emotional Intelligence in Education and Workplace (compulsory elective course, winter semester, academic year 2020-2021)

Evaluation Statistics: 4.59/5

2019-2020 Independent teaching

As postdoctoral student

University of Macedonia, School of Social Sciences, Humanities and Arts, Department of Educational and Social Policy, Thessaloniki (Greece)

Course: Emotional Intelligence in Education and Workplace (compulsory elective course, winter semester, academic year 2019-202)

Evaluation Statistics: 4.72/5

2018-2019 Independent teaching

Scientific staff with fixed-term employment relationship (Greek ΠΔ 407/80)

University of Macedonia, School of Social Sciences, Humanities and Arts, Department of Educational and Social Policy, Thessaloniki (Greece)

Course: Emotional Intelligence in Education and Workplace (compulsory elective course,

POSTGRADUATE COURSES

2026–2027: Lectures for the first-semester course “**Researching the Social World**” during the spring semester of the 2026–2027 academic year (1 March 2027–30 June 2027), as part of the MSc Program “**Educational Sciences: Creative Educational Environments and Playing**” at the Department of Early Childhood Education, University of Thessaly.

2025–2026: 15 hours of lectures for the second-semester course “**Emotional Intelligence and Leadership**” during the winter semester of the 2025–2026 academic year (28 October 2025–31 December 2025), as part of the MSc Program “**Educational Sciences and Lifelong Learning: Educational Administration and Leadership**” at the University of Macedonia, following approval by the University’s Research Committee (Meeting No. 518, 23 October 2025).

SUPERVISION OF UNDERGRADUATE AND POSTGRADUATE DISSERTATIONS

UNDERGRADUATE DISSERTATIONS

- **2025-2026 – Tsekeridou Eleni:** *Empathy and Psychological Capital: Investigating their interaction in teachers.* University of Macedonia, School of Social Sciences, Humanities and Arts, Department of Educational and Social Policy, Thessaloniki (Greece)
- **2025-2026 – Chalyvopoulou Maria-Eleni:** *Attachment theory and trust: Exploring teachers' relationships with principals, colleagues, students, and parents.* University of Macedonia, School of Social Sciences, Humanities and Arts, Department of Educational and Social Policy, Thessaloniki (Greece)
- **2025-2026 – Antoniadou Nikoleta:** *Exploring the impact of AI perceptions on workplace empowerment.* University of Macedonia, School of Social Sciences, Humanities and Arts, Department of Educational and Social Policy, Thessaloniki (Greece)
- **2024-2025 – Semelidou Maria:** *The influence of demographic factors on the formation of friendly and romantic relationships during emerging adulthood.* University of Macedonia, School of Social Sciences, Humanities and Arts, Department of Educational and Social Policy, Thessaloniki (Greece)
- **2024-2025 – Boursiani Georgia:** *The influence of character strengths and virtues on the formation of romantic relationships in emerging adulthood.* University of Macedonia, School of Social Sciences, Humanities and Arts, Department of Educational and Social Policy, Thessaloniki (Greece)
- **2023-2024 – Rasidaki-Kyriakidou Marianna:** *Investigating the association between personality traits and career choices in special education students.* University of Macedonia, School of Social Sciences, Humanities and Arts, Department of Educational and Social Policy, Thessaloniki (Greece)
- **2020-2021 – Xanthopoulou Effimia:** *Investigating psychological resilience and spirituality in older adults.* University of Macedonia, School of Social Sciences, Humanities and Arts, Department of Educational and Social Policy, Thessaloniki (Greece).

POSTGRADUATE DISSERTATIONS

- **2025–2026:** Supplementary supervision and academic support **for the dissertations of 49 postgraduate students** in the MSc Program “**Educational Sciences: Special Education, Education and Rehabilitation**” from 21 November 2025 to 30 September 2026, as approved by the University of Macedonia Research Committee (Meeting No. 521, 21 November 2025).

WORKING EXPERIENCE IN OTHER DOMAINS

2020 – 2026

Secretarial administration and support of the master's diploma in "Administration and Leadership in Sciences of Education and Lifelong Learning"

University of Macedonia, School of Social Sciences, Humanities and Arts, Department of Educational and Social Policy, Thessaloniki (Greece)

2021- 2022

Teaching in the training program "Applications of School Psychology"

Center for Lifelong Learning

University of Macedonia, Thessaloniki (Greece)

2018 - -2019

Supporting the administrative procedures of the projects under the management of Research Committee

University of Macedonia, School of Social Sciences, Humanities and Arts, Department of Educational and Social Policy, Thessaloniki (Greece)

2015 - 2018

Secretarial administration and support of the master diploma in "Communication Disorders Sciences"

University of Macedonia, School of Social Sciences, Humanities and Arts, Department of Educational and Social Policy, Thessaloniki (Greece)

2015 - 2017

Lecturer at the adult education institution "Social University of Greece"

SCHOLARSHIPS

2017

Distinction (praise & financial support) of the Psychological Society of Northern Greece (PSEVE) for doctoral candidates.

DISTINCTIONS AND AWARDS

2021

EARLI Jacobs Foundation Presenter Award

For the oral presentation “Design and evaluation of a scale measuring the protective factors of teachers' resilience”.

2017

WASET (World Academy of Science, Engineering & Technology)

Award for the Best Oral Presentation in the 19th International Conference on 19th International Conference on Positive Psychology and Wellbeing (London) for the presentation "Design and

SCIENTIFIC WORK PARTICIPATION IN RESEARCH PROGRAMS

2024-2025

Participation as **Subject Matter Expert (SME)** in the evaluation of items for the Resilience Questionnaire, developed under the agreement between the National and Kapodistrian University of Athens and the Hellenic National Defense General Staff: **"Development of psychometric tools for the timely detection and prevention of mental disorders in officers and soldiers of the armed forces, as well as in personnel of United Nations peacekeeping missions."**
National and Kapodistrian University of Athens
Scientific Director: Ioannis Tsousis

2023-2025

Team member in the European Erasmus+ KA2- CBHE Program
entitled **Advance Inclusion for Students With disabilities on higher Education in Rwanda (ANSWER)**.

<https://www.answer-project.eu/>

Project coordinator: University of Alicante (SP). Professor with scientific responsibility: Lefkothea Kartasidou (Associate Professor)

2023-2024

Member of the research team of the project entitled "Meaning in the lives of parents with a disabled child as a predictor of their mental distress", funded by the "Research Grants Program in the Framework of Basic Research Support" (Principal Research 2023). Project Implementing Agency: University of Macedonia Research Committee.

2020 – 2022

Team member in the European Erasmus+ KA2- CBHE Program
entitled **Promoting Accessibility of students with disability to Higher Education in Cuba and Dominican Republic (ACCESS)**.

<https://www.access-caribbean.eu/es>

Project coordinator: University of Alicante (SP). Professor with scientific responsibility: Lefkothea Kartasidou (Associate Professor)

2020-2022

Team member in the European Erasmus+ KA2- CBHE Program
entitled **Enabling Students with Neurodiversity (ENTENDER)**.

<http://entender-project.com/>

Project coordinator: Coventry University (UK). Professor with scientific responsibility: Lefkothea Kartasidou (Associate Professor)

2019-2020

Technical and scientific support for preparing and designing the content and structure of the REST application, as well as its pilot implementation and its evaluation in the project with title " **Designing an educational program to empower resilience in pre-service teachers: Development and distribution of an application (app)**", a one-year research program funded by the University of Macedonia Research Committee as part of the "Principal Research 2019" funding program.

PARTICIPATION IN GREEK AND INTERNATIONAL NETWORKS

2026 - present

Member of the International Society of Boredom Studies

<https://www.boredomsociety.com/>

2025 - present

Co-leader of the Division of Positive Psychology within the Hellenic Psychological Society

<https://elpse.com/thetikh-psychologia/melh-thetikh/>

2023 - present

Member of the European Society for Research in Adult Development

<https://www.europeadultdevelopment.org/>

2021 – present

Member of the European Association for Research on Learning and Instruction (EARLI)

<https://www.earli.org/>

2019 – present

Member of the Hellenic Psychological Society (in the Divisions of Positive Psychology, School Psychology, and Developmental Psychology) <https://elpse.com/front-page-english/>

2017 - present

Partner in the international network "Staying BRiTE" for promoting the resilience in teachers

<https://www.stayingbrite.edu.au/international-network#bGR>

EDITORIAL POSITIONS

- European Journal of Psychology and Educational Research (Editor-in-Chief, 2024 μέχρι σήμερα)
https://ejper.com/editorial_board
- European Journal of Educational Research (Associate Editor, 2020 μέχρι σήμερα)
https://www.eu-jer.com/editorial_board

REVIEWER IN JOURNALS

- INSECTA: Integrative Science Education and Teaching Activity Journal
- Educational Psychology (Reviewer)
- Current Psychology
- Frontiers in Psychology
- Behavioral Sciences
- BMC Psychology
- Journal of Positive School Psychology
- Psychology in the Schools
- Teacher Development
- Stress and Health
- Psychology: The Journal of the Hellenic Psychological Society
- Heliyon
- International Education Studies
- Journal of Happiness and Health
- Lublin Pedagogical Yearbook
- European Journal of Educational Research
- Hungarian Educational Research Journal
- Διάλογοι! Θεωρία και πράξης στις Επιστήμες της Αγωγής και Εκπαίδευσης

SCIENTIFIC WORK

PUBLICATIONS IN GREEK

1. **Δανιηλίδου, Α.**, Πλατσίδου, Μ., & Κασάπογλου, Ε. (2024). Συναισθηματική νοημοσύνη, ακαδημαϊκή εξουθένωση και ακαδημαϊκή δέσμευση σε φοιτητές & φοιτήτριες ειδικής αγωγής. *Εκπαιδευτικές Διαδρομές*, 1(1), Άρθρο 1. <https://doi.org/10.12681/edro.36711>
2. **Δανιηλίδου, Α.**, & Πλατσίδου, Μ. (2022). Δημιουργία και έλεγχος μιας κλίμακας για την αξιολόγηση των προστατευτικών παραγόντων της ψυχικής ανθεκτικότητας των εκπαιδευτικών. *Ψυχολογία*, 27(3), 1–25. https://doi.org/10.12681/psy_hps.27034

PUBLICATIONS IN ENGLISH

1. Efthymiadou, E., **Daniilidou, A.**, Nerantzaki, K., Stavropoulou, G., Moustakas, D., Gröschner, A., & Dehne, M. (2026). Principal–teacher relationships as mediators between work pressure and teacher burnout. *International Journal of Educational Research Open*, 100586.
2. **Daniilidou, A.** & Sytziouki, M. (2026). Unpacking teachers' work design behaviors: Latent profiles of job crafting and their relation with calling and PERMA+4 well-being. *Teacher Development*, 1–28. <https://doi.org/10.1080/13664530.2026.2713631>
3. Nerantzaki, K., Stavropoulou, G., & **Daniilidou, A.** (2026). Differentiating trait-, class-, and study-related academic boredom: Associations with engagement and performance. *Psychology International*, 8(1), 18. <https://doi.org/10.3390/psycholint8010018>
4. **Daniilidou, A.**, Nerantzaki, K., Antoniadou, N., & Rasidaki-Kyriakidou, M. (2025). Navigating Digital Transformation: The Role of AI Perceptions and Personality Profiles in Shaping Psychological Empowerment at Work. *Behaviour & Information Technology*, 45(12), 2763–2780. <https://doi.org/10.1080/0144929X.2025.2590101>
5. **Daniilidou, A.**, & Nerantzaki, K. (2025). Character virtues in romantic relationships and friendships during emerging adulthood: A latent profile approach. *Psychology International*, 7(4), 91. <https://doi.org/10.3390/psycholint7040091>
6. **Daniilidou, A.**, Platsidou, M., Stafylidis, A., & Stafylidis, S. (2025). Resilience profiles of teachers: Associations with psychological characteristics and demographic variables. *Educational Sciences*, 15(10), 1358. <https://doi.org/10.3390/educsci15101358>
7. **Daniilidou, A.**, & Antoniadou (2025). Uncovering hidden profiles: A latent profile and class analysis of personality and demographics in workplace AI acceptance. *International Journal of Human-Computer Interaction*, 42(10), 7630–7649. <https://doi.org/10.1080/10447318.2025.2560520>
8. Stavropoulou G., **Daniilidou, A.**, & Nerantzaki, K. (2025). Exploring the interplay of motivation, self-efficacy, critical thinking, and self-regulation in predicting academic achievement among university students. *F1000Research*, 14, 344. <https://doi.org/10.12688/f1000research.161821.2>
9. **Daniilidou, A.**, & Pezirkianidis, C. (2025). A scoping review of psychometric instruments measuring teachers' resilience. *Encyclopedia*, 5(3), 109. <https://doi.org/10.3390/encyclopedia5030109>
10. Mavridou, A., Platsidou, M., & **Daniilidou, A.** (2025). An exploration of the discrepancy between global and situational meaning in parents raising a child with a disability. *International*

11. **Daniilidou, A.**, Nerantzaki, K., & Stavropoulou, G. (2025). Pathways to happiness and resilience among university students: Understanding the role of belongingness and academic engagement. *International Journal of Applied Positive Psychology*, 10, Article 30. <https://doi.org/10.1007/s41042-025-00223-3>
12. **Daniilidou, A.** & Xanthopoulou, E. (2025). Enhancing resilience in later life: The role of spirituality. *Journal of Religion, Spirituality and Aging*, 37(1), 3–25. <https://doi.org/10.1080/15528030.2024.2435663>
13. **Daniilidou, A.**, Rasidaki-Kyriakidou, M., & Nerantzaki, K. (2024). Factors influencing special education career choices: interplay of personality traits and identity statuses. *European Journal of Educational Research*, 13(4), 1587 – 1605. <https://doi.org/10.12973/eu-jer.13.4.1587>
14. **Daniilidou, A.** & Platsidou, M. (2024). Teachers' Protective Factors of Resilience Scale: Factorial Structure, Validity and Reliability Issues. *European Journal of Contemporary Education and E-Learning*, 2(1), 177-192. [https://doi.org/10.59324/ejceel.2024.2\(1\).15](https://doi.org/10.59324/ejceel.2024.2(1).15)
15. Boczkowska, M., **Daniilidou, A.**, & Platsidou, M. (2024). A preliminary comparison study of teachers' resilience in Greece and Poland. *Psychology in the Schools*, 61(5), 1808-1827. <https://doi.org/10.1002/pits.23139>
16. **Daniilidou, A.** (2023). Understanding the relationship between multidimensional perfectionism and self-compassion in adults: The effect of age. *Europe's Journal of Psychology*, 19(4), 371-386. <https://doi.org/10.5964/ejop.11981>
17. **Daniilidou, A.** (2023). Risk and protective factors and coping strategies for building resilience in Greek general and special education teachers. *Journal of School and Educational Psychology*, 3(2), 66-83. <https://doi.org/10.47602/josep.v3i2.48>
18. Giordano, F., **Daniilidou, A.**, Cipolla, A., Landoni, M., & Platsidou, M. (2023). Parents' perceived stress and children's adjustment during COVID-19 lockdown in Italy: the mediating role of family resilience. *Family Relations*, 72(7), 7-22. <https://doi.org/10.1111/fare.12716>
19. Platsidou, M. & **Daniilidou, A.** (2021). Meaning in life and resilience among teachers. *Journal of Positive School Psychology*, 5(2), 97-109. <https://doi.org/10.47602/jpsp.v5i2.259>
20. **Daniilidou, A.**, Platsidou, M., & Gonida, E. (2020). Primary school teachers' resilience: association with teacher self-efficacy, burnout and stress. *Electronic Journal of Research in Educational Psychology*, 18(3), 549- 582. <https://doi.org/10.25115/ejrep.v18i52.3487>
21. **Daniilidou, A.** & Platsidou, M. (2018). Teachers' resilience scale: an integrated instrument for assessing protective factors of teachers' resilience. *Hellenic Journal of Psychology*, 15, 15-39.
22. Platsidou, M., & **Daniilidou, A.** (2016). Three Scales to Measure Burnout of Primary School Teachers: Empirical Evidence on their Adequacy. *International Journal of Educational Psychology*, 5(2), 164-186. <https://doi.org/10.17583/ijep.2016.1810>

1. Μαυρίδου, Α., Πλατσίδου, Μ., & **Δανιηλίδου Αθηνά** (2024). *Το νόημα στη ζωή ως ψυχολογικός πόρος για την ψυχική υγεία των γονιών που ανατρέφουν παιδιά με αναπηρία*. Πρακτικά του 10ου Διεθνούς Συνεδρίου του Ινστιτούτου Ανθρωπιστικών και Κοινωνικών Επιστημών. Ηράκλειο, Ελλάδα
2. Platsidou, M., **Daniilidou, A.**, Diamantopoulou, G., & Hatzigiannakoglou, P. (2019). Resilience in Educators, Schools and Teaching (Rest): A Mobile Application to Empower Teachers' Resilience. In E. Christou (Eds.), *Education-civilization-innovation at crossroads-The way ahead: Proceedings of the 2nd International Congress on Management of Educational Units* (pp. 14-19). Thessaloniki, Greece.

PEER-REVIEWED BOOK CHAPTERS

1. Nerantzaki, K., **Daniilidou, A.**, & Platsidou, M. (2026). Examining the relationship between socio-cognitive mindfulness, emotion regulation, and teachers' emotions. In E. Vasilaki & A. Vasiou (Eds.), *Mindfulness in Education: Bridging Theory, Research and Practice* (pp. 202-224). Pedio.
2. **Daniilidou, A.** (2025). Attachment profiles and institutional trust: A person-centered analysis of teachers' relational dispositions. In C. Pracana & M. Wang (Eds.), *Psychology Applications & Developments XI* (pp. 79-90). inScience Press. <https://doi.org/10.36315/2025padXI07> & <https://doi.org/10.36315/2025padXI>

PARTICIPATION IN CONFERENCES

PARTICIPATION IN SCIENTIFIC COMMITTEES

2027 – 20th Psychological Research Conference – Student Conference
2025 - 9th Panhellenic Conference of Counselling Psychology
2023 - 20th Biennial EARLI Conference, Thessaloniki, Greece
2023 - 8th Panhellenic Conference of Counselling Psychology
2023 – 3rd Panhellenic Conference in Positive Psychology

PARTICIPATION IN ORGANIZATIONAL COMMITTEES

2025 – One-day conference entitled “Designing Positive Work Environments.” Co-organized by the Positive Psychology and Work/Organizational Psychology Sections of the Hellenic Psychological Society (ELPSE), Panteion University, Athens, Greece.

2023 - 27th JURE 2023 Pre-Conference and 20th Biennial EARLI Conference “Education as a Hope in Uncertain Times”, Thessaloniki (Greece).

2023 - 6th Panhellenic Conference of Developmental Psychology (with international participation), Thessaloniki (Greece).

2017 - 16th Panhellenic Conference of Psychological Research "People, Institutions, Society: The World of Psychology", Thessaloniki (Greece).

ORGANISATION AND PARTICIPATION IN SYMPOSIA

1. Organizing the symposium "Mental health and well-being in third age: Protective factors and supportive interventions." At the 19th Panhellenic Conference on Psychological Research. Ioannina, Greece (2024)
2. Participation in the invited Symposium of Hellenic Psychological Society "Critical Issues in Psychological Educational Research in Greece" at the 20th Biennial EARLI Conference, Thessaloniki, Greece (2023)
3. Organizing the symposium "The Multidimensional Role of Resilience in the School Community" at the 6th Panhellenic Conference of Development Psychology, Thessaloniki, Greece (2018).

PARTICIPATION IN GREEK CONFERENCES

1. **Δανιηλίδου, Α.** & Νεραντζάκη, Κ. (2026, 15-18 Οκτωβρίου). *Ο ρόλος των αρετών του χαρακτήρα στην διαμόρφωση της ποιότητας των ρομαντικών και των φιλικών σχέσεων κατά την περίοδο της αναδυόμενης ενηλικίωσης*. [Προφορική ανακοίνωση]. 8ο Πανελλήνιο Συνέδριο Αναπτυξιακής Ψυχολογίας, Θεσσαλονίκη, Ελλάδα.
2. Σταυροπούλου, Γ., **Δανιηλίδου, Α.**, & Νεραντζάκη, Κ. (2026, 15-18 Οκτωβρίου). *Ο ρόλος των αρετών του χαρακτήρα στην διαμόρφωση της ποιότητας των ρομαντικών και των φιλικών σχέσεων κατά την περίοδο της αναδυόμενης ενηλικίωσης*. [Προφορική ανακοίνωση]. 8ο Πανελλήνιο Συνέδριο Αναπτυξιακής Ψυχολογίας, Θεσσαλονίκη, Ελλάδα.
3. **Δανιηλίδου, Α.**, & Ξανθοπούλου, Ε. (2025, 7-11 Μαΐου). *Ενισχύοντας την ψυχική ανθεκτικότητα στην τρίτη ηλικία: Ο ρόλος της πνευματικότητας*. [Προφορική ανακοίνωση]. 19ο Πανελλήνιο Συνέδριο Ψυχολογικής Έρευνας, Ιωάννινα, Ελλάδα.
4. **Δανιηλίδου, Α.**, Πλατσίδου, Μ., & Boczkowska, M. (2025, 7-11 Μαΐου). *Διαπολιτισμική μελέτη της ψυχικής ανθεκτικότητας Ελλήνων και Πολωνών εκπαιδευτικών*. [Προφορική ανακοίνωση]. 19ο Πανελλήνιο Συνέδριο Ψυχολογικής Έρευνας, Ιωάννινα, Ελλάδα.
5. Νεραντζάκη, Κ., Σταυροπούλου, Γ., & **Δανιηλίδου, Α.** (2025, 7-11 Μαΐου). *Εξερευνώντας τις επιπτώσεις της ακαδημαϊκής πλήξης στις ακαδημαϊκές επιδόσεις των φοιτητών/τριών: Ο ρόλος της κριτικής σκέψης και της αυτοαποτελεσματικότητας*. [Προφορική ανακοίνωση]. 19ο Πανελλήνιο Συνέδριο Ψυχολογικής Έρευνας, Ιωάννινα, Ελλάδα.
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8. **Δανιηλίδου, Α.**, Πλατσίδου, Μ., & Μαυρίδου, Α. (2024, 17-20 Οκτωβρίου). *Ψυχική Δυσφορία Γονέων Παιδιών με Αναπηρία: Ο Ρόλος του Καθολικού και Καταστασιακού Νοήματος*. [Αναρτημένη ανακοίνωση] 7ο Πανελλήνιο Συνέδριο Αναπτυξιακής Ψυχολογίας, Αθήνα, Ελλάδα.
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11. Πλατσίδου, Μ., Μαυρίδου, Α., & **Δανιηλίδου, Α.** (2024, 16-19 Μαΐου). *Το νόημα στη ζωή ως ψυχολογικός πόρος για την ψυχική υγεία των γονιών που ανατρέφουν παιδιά με αναπηρία*. [Προφορική ανακοίνωση]. 10ο Διεθνές Συνέδριο του Ινστιτούτου Ανθρωπιστικών και Κοινωνικών Επιστημών, Ηράκλειο, Ελλάδα.
12. **Δανιηλίδου, Α.** & Πλατσίδου, Μ. (2022, 10-13 Νοεμβρίου). *Κλίμακα προστατευτικών παραγόντων της ψυχικής ανθεκτικότητας των εκπαιδευτικών: Δημιουργία και έλεγχος μιας νέας κλίμακας για την αξιολόγηση της ψυχικής ανθεκτικότητας των εκπαιδευτικών*. [Προφορική ανακοίνωση]. 3ο Πανελλήνιο Συνέδριο Σχολικής Ψυχολογίας, Θεσσαλονίκη, Ελλάδα.
13. Κασάπογλου, Ε. & **Δανιηλίδου, Α.** (2019, 15-19 Μαΐου). *Συναισθηματική Νοημοσύνη, Επαγγελματική Εξουθένωση και Εργασιακή Δέσμευση σε φοιτητές/τριες ειδικής αγωγής*. [Προφορική ανακοίνωση]. 17ο Πανελλήνιο Συνέδριο Ψυχολογικής Έρευνας, Αλεξανδρούπολη, Ελλάδα.
14. **Δανιηλίδου, Α.**, Πλατσίδου, Μ., & Γωνίδα, Ε., Σ. (2018, 13-18 Μαΐου). *Ο διαμεσολαβητικός ρόλος της ψυχικής ανθεκτικότητας στη σχέση της αυτοαποτελεσματικότητας με την επαγγελματική εξουθένωση και το στρες σε εκπαιδευτικούς*. [Προφορική ανακοίνωση]. 6ο Πανελλήνιο Συνέδριο Αναπτυξιακής Ψυχολογίας (με διεθνή συμμετοχή), Θεσσαλονίκη, Ελλάδα.
15. **Δανιηλίδου, Α.** & Πλατσίδου, Μ. (2016, 9-11 Δεκεμβρίου). *Έλεγχος εγκυρότητας του ερωτηματολογίου ψυχικής ανθεκτικότητας εκπαιδευτικών*. [Προφορική ανακοίνωση]. 14ο Πανελλήνιο Συνέδριο Αθλητικής Ψυχολογίας, Θεσσαλονίκη.

PARTICIPATION IN INTERNATIONAL CONFERENCES

1. Platsidou, M. & **Daniilidou, A.** (2024, September 5-7). *Presence Of Meaning in Life Strengthens Teachers' Resilience Protective Factors*. [Paper Presentation]. 9th ENSEC Conference on Social Emotional Learning for Lifetime Achievement, Chania, Greece
2. Mavridou, A., Platsidou, M. & **Daniilidou, A.** (2024, July 10-13). *An investigation of the Meaning-Making Model in parents raising a child with a disability*. [Paper Presentation]. 11th European Conference on Positive Psychology, Innsbruck, Austria.
3. Platsidou, M. & **Daniilidou, A.** (2023, September 19-23). *An Integrated Scale for Measuring Teachers' Protective Factors of Resilience: Factorial Structure, Validity and Reliability Issues*. [paper Presentation]. 4th Barcelona Conference on Education, Barcelona, Spain.
4. **Daniilidou, A.** & Platsidou, M. (2023, August 22-26). *TPFRS: A new measure for assessing resilience in teachers*. [Paper Presentation]. 20th Biennial EARLI Conference, Thessaloniki, Greece.
5. **Daniilidou, A.** & Platsidou, M. (2023, March 9-11). *Factorial Structure, Validity and Reliability of the Teachers' Protective Factors of Resilience Scale (TPFRS)*. [Poster Presentation].

6. Platsidou, M. & **Daniilidou, A.** (2021, August 18-27). *Meaning in Life and Resilience among Teachers*. [Paper Presentation]. 19th Biennial EARLI Conference (online).
7. **Daniilidou, A.** & Platsidou, M. (2021, August 18-27). *Design and evaluation of a scale measuring the protective factors of teachers' resilience*. [paper Presentation]. 19th Biennial EARLI Conference (online).
8. Platsidou, M., **Daniilidou, A.**, Diamantopoulou, G., & Hatzigiannakoglou, P. (2019, November 29 - December 1). *Resilience in Educators, Schools and Teaching (Rest): A Mobile Application to Empower Teachers' Resilience*. [Paper Presentation]. 2nd International Congress on Management of Educational Units, Thessaloniki, Greece.
9. **Daniilidou, A.** & Platsidou, M. (2019, August 29 - September 1). *Applying "Teachers' Resilience Scale" to Test the Relationship of Resilience with Age and Teaching Experience*. [Poster Presentation]. 19th European Conference on Developmental Psychology. Athens, Greece.
10. **Daniilidou, A.**, & Platsidou, M. (2017, June 28-30). *Design and Validation of the "Teachers' Resilience Scale" for Assessing Protective Factors*. [Paper Presentation]. 19th International Conference on Positive Psychology and Wellbeing, London, England.
11. **Daniilidou, A.**, & Platsidou, M. (2015, September 11-13). *Comparing three instruments for assessing teachers' burnout: MBI, BM, and CBI*. [Paper Presentation]. 3rd International Symposium on New Issues on Teacher Education (ISNITE), Volos, Greece.
12. Platsidou, M., & **Daniilidou, A.** (2015, March 12-14). *Which is the best instrument for assessing teachers' burnout?* [Paper Presentation]. International Convention of Psychological Science. Amsterdam, The Netherlands

PRESENTATION OF THE IMPACT OF THE SCIENTIFIC WORK (September, 2026)

- **Google Scholar:**
Citations: 697 (Citations from 2021 = 648)
h-index = 12
i10index = 13
- **Scopus:**
[Scopus Author ID: 57204000251](#)
Citations: 184
Citations excluding self-citations: 167
h-index = 7
- **Research Gate:**
Research Interest Score: 897.2
h-index = 10
Total reads: 66.588

SOCIAL CONTRIBUTION

- **Development of BurnoutMeter**, a digital tool for the assessment of and education about occupational burnout, incorporating Artificial Intelligence and natural language processing technologies to raise awareness and support the early identification of burnout indicators among educators.
- **Delivery of professional development seminars and lectures for educators** on occupational burnout, stress management, resilience, and emotional intelligence (e.g., 26th Senior High School of Thessaloniki, 15th Primary School of Drama, 1st Junior High School of Sitia, Crete).
- **Development of accessible science communication materials** on psychology and mental health, including articles and infographics (2021), with a year-long series of contributions to the online magazine *Lavart*.
- **Creation and management of social media pages** aimed at raising awareness and disseminating evidence-based information on mental health and well-being.